Developing a Low-Cost Security Model for Small Scale Healthcare **Organizations using the Internet of Things**

Project report submitted in partial fulfillment of the requirement for thedegree of Bachelor of Technology In

Computer Science and Engineering

By

ShilpiKumari(141379)

Arushi Dogra(141222)

Under the supervisionof

(Dr. Ravindara Bhatt)

То



Department of Computer Science & Engineering and Information Technology

Jaypee University of Information Technology Waknaghat, Solan-

173234, Himachal Pradesh

CERTIFICATE

Candidate's Declaration

This is to certify that the work which is being presented in the report entitled "Developing a Low-Cost Security Model for Small Scale Healthcare Organizations using the Internet of Things" in partial fulfillment of the requirements for the award of Bachelor Technology the degree of of in Computer Science and Engineering/Information Technology submitted in the department of Computer Science & Engineering and Information Technology, Jaypee University of Information Technology Waknaghat is an authentic record of our own work carried out over a period from August 2017 to May 2018 under the supervision of Dr. Ravindara Bhatt (Assistant Professor, Senior Grade, Computer Science & EngineeringDepartment).

The matter embodied in the report has not been submitted for the award of any other degree or diploma.

ShilpiKumari, 141379

Arushi Dogra, 141222

This is to certify that the above statement made by the candidates is true to the best of my knowledge.

Dr. Ravindara Bhatt Assistant Professor (Senior Grade) Computer Science & Engineering Department Dated:

ACKNOWLEDGEMENT

We owe our profound gratitude to our project supervisor **Dr. Ravindara Bhatt**, who took keen interest and guided us all along in my project work titled —**Developing a Low-Cost Security Model for Small Scale Healthcare Organizations using the Internet of Things**, till the completion of our project by providing all the necessary information for developing the project. The project development helped us in research and we got to know a lot of new things in our domain. We are really thankful to him.

TABLE OF CONTENTS

CERTIFICATE	i
ACKNOWLEDGEMENT	ii
LISTOFFIGURE	V
LIST OFTABLE	vi
ABSTRACT	vii

INTRODUCTION	1
	T

PROBLEMSTATEMENT2	,
OBJECTIVES	
METHODOLGY4	

2) LITEATURESURVEY

RESEARCHPAPER-1	5
RESEARCHPAPER-2	6-7
RESEARCHPAPER-3	7-8
RESEARCHPAPER-4	8-9
RESEARCHPAPER-5	10-11
RESEARCH PAPER-6	11-12
RESEARCH PAPER-7	12-13

Advantages and challenges of IoThealthcare14	
A Review of Cryptographic Algorithms inNetworkSecurity	15-19

PROPOSED SYSTEM	
SYSTEM DESIGN22	
ALGORITHM23	
.)PERFORMANCE ANALYSIS24-30	
5.) CONCLUSION	
FUTURE SCOPE	
REFERENCES	7

List of Abbreviations

S.NO.	ABBREVIATIONS	DESCRIPTION
1	IOT	Internet of Things
2	TEA	Tiny Encryption Algorithm

LIST OF FIGURES

Title		Page No.	
1.	Proposed System Architecture	6	
2.	Data Flow diagram	18	

List of Graphs

S.NO.	DESCRIPTION	PAGE NO.
1	File Size Vs Time Graph	24-29

LIST OF TABLES

Title Page No. Comparison table 1. 24 2. Test case-1 25 3 Test case-2 26 4. Test case-3 27 5. Test case-4 28

ABSTRACT

The Internet of Things (IoT) makes smart objects the ultimate building blocks in the development of cyber-physical smart pervasive frameworks. The IoT has a variety of application domains, including health care. The IoT revolution is redesigning modern health care with promising technological, economic, and social prospects. It finds enormous applications in the field of healthcare monitoring , information management system , agriculture, predicting the natural disaster etc. In all those applications of IoT, security plays a vital role . This project is indented to give an Implementation of developing a low-cost security model for small scale healthcare organizations using the Internet of Things .

There are many emerging areas in which highly constrained devices are interconnected and communicated to accomplish some tasks. Nowadays, Internet of Things (IoT) enables many low resources and constrained devices to communicate, compute process and make decision in the communication network. In the heterogeneous environments for IoT, there are many challenges and issues like power consumption of devices, limited battery, memory space, performance cost, and security in the Information Communication Technology (ICT) network. We will use light weight algorithm. The light weight Encryption Algorithm is a cryptographic algorithm designed to minimize memory footprint and maximize speed.

1. Chapter-1INTRODUCTION

1.1Introduction

The Internet of Things (IoT) is a concept reflecting a connected set of anyone, anything, anytime, anyplace, any service, and any network. The IoT is a megatrend in next generation technologies that can impact the whole business spectrum and can be thought of as the interconnection of uniquely identifiable smart objects and devices within today's internet infrastructure with extended benefits. Benefits typically include the advanced connectivity of these devices, systems, and services that goes beyond machine-to-machine (M2M) Therefore. scenarios. introducing automation is conceivable in nearly every field. The IoT provides appropriate solutions for a wide range of applications such as smart cities, traffic congestion, waste management, structural health, security, emergency services, logistics, retails, industrial control, and health care. Medical care and health care represent one of the most attractive application areas for the IoT. The IoT has the potential to give rise to many medical applications such as remote health monitoring, chronic diseases, and elderly care. Compliance with treatment and medication at home and by healthcare providers is another important potential application. Therefore, various medical devices, sensors, and diagnostic and imaging devices can be viewed as smart devices or objects constituting a core part of the IoT. IoT-based healthcare services are expected to reduce costs, increase the quality of life, and enrich the user's experience.

The proposed project is an aim at providing better security solutions to the healthcare system and thus make it a more reliable source. Any application or any communication between a hospital and a patient can be made more secure by the use of powerful cryptographic algorithms such as Light weight and Tiny Encryption algorithm.

The project aims at choosing the best alternative among the various cryptographic techniques available. The given document discusses the uses, advantages and disadvantages of various cryptographic algorithms and provides a comparative analysis for the same .

1.2 Problem Statement

With the increasing need and i dependence on Internet of Things and a similar increase in the advancement of healthcare, the earlier measures and methods of ensuring secure and reliable transfer of data have found to be insufficient and unreliable. The numbers of cryptanalytic attacks have increased manifolds because of the faster technology available which poses a serious threat on the integrity of user and user information addressed. Also there is an increasing need for the development of reliable methods for hiding of information so that everything is not visible to everyone.

In particular, this healthcare application explicitly addresses the issue of security and strives to find better and more dependable ways of providing data security by means of using Light weight and Tiny encryption algorithms.

1.3Objectives

The main objective of this project is to study IoT based healthcare system as a part and necessity in today's world, its importance and why it has become such a big topic for discussion. And therefore the project aims at understanding the potential risks and threats present along with it and why ensuring security of data is of primary concern. The objective of this project is to study the various used and encryption algorithms available for security provision and finally finding the most suitable and effective combination for the same.

The emphasis is on finding the practical implications of the results proposed and not only focusing on the theoretical concepts.

The motive is to become completely aware and familiar with the technology used for the implementation of the project and make the best use of it for our project completion. Thus we aim at drawing out results which could be used in future in real-time projects by means of collective learning, problem solving and collaborative research work through proper coordination and cooperation.

1.4 Methodology

- Light weight Algorithm: This step involves the development of a suitable combination of cryptographic algorithms that best serves our purpose. The combination can be then tested on various parameters such as encryption speed, throughput etc.
- Application Design: We then create a client-server user application which can be used as a framework for testing the Light weightalgorithm.
- Integration of security in healthcare system: In this step we add the various security features in our application such as Light weight and Tiny encryption algorithms for user authentication and encryption of data that would be stored in a database .
- **Deployment on healthcare system:** In this step we finally deploy our test application on healthcare system.

2. Chapter-2 LITERATURESURVEY

S.No	Title	Approach	Conclusion
1	"The Internet of	The Internet of Things (IoT) is a	This paper proposes a
	Things for Hoolth	concept reacting aconnected set	Researchers across the world
		of anyone, anything, anytime,	have started to explore various
	Care: A	anyplace, any service, and any	technological solutions to
	Comprehensive	network. The IoT is megatrend	enhance healthcare provision in
	Survey"	in next-generation technologies	a manner that complements
		that can impact the whole	existing services by mobilizing
		business spectrum and can be	the potential of the IoT. This
		thought of as the	paper surveys diverse aspects of
		interconnection of uniquely	IoT-based healthcare
		identiable smart objects and	technologies and presents
		devices within today's internet	various healthcare network
		infrastructure with extended	architectures and platforms that
		benefits. Benefits typically	support access to the IoT
		include the advanced	backbone and facilitate medical
		connectivity of these	data transmission and reception.
		devices, systems, and services	Substantial R&D efforts have
		that goes beyond machineto-	been made in IoT-driven
		machine (M2M) scenarios [1].	healthcare services and
		Therefore, introducing	applications. In addition, the
		automation is conceivable in	paper provides detailed research
		nearly every field. The IoT	activities concerning how the
		provides appropriat solutions for	IoT can address pediatric and
		a wide range of applications	elderly care, chronic disease
		suchias smart cities, traffic	supervision, private health. For
		congestion, waste management,	deeper insights into industry
		structural health, security,	trends and enabling
		emergency services, logistics,	technologies, the paper offers a
		retails, industrial control, and	broad view on how recent and

		health care. The interested	ongoing advances in sensors,
		reader is referred to [1]_[5] for	devices, internet applications,
		a deeper understanding of	and otheritechnologiesihave
		the IoT.	motivated affordable healthcare
		Medical care and health care	gadgets and connected health
		represent one of the most	services to limitlessly expand
		attractive application areas for	the potential of IoT-based
		the IoT [6].	healthcare services for further
			developments. To better
			understand IoT healthcare
			security, the paper considers
			various security requirements
			and challenges and unveils
			different research problems in
			this area to propose a model tha
			t can mitigate associated
			security risks. The discussion on
			several important issues such as
			standardization, network type,
			business models, the quality of
			service, and health data
			protection is expected to
			facilitate the provide a basis for
			further research on IoT-based
			healthcare services. This paper
			presents eHealth and IoT
			policies and regulations for the
			benefit of various stakeholders
			interested in assessing IoT-
			based healthcare technologies.
2	Advancedlightweig	There are many emerging	In this paper, we have

ht	areas in which highly	gone over
Encryption	constrained devices are	lightweight cryptographic
classifthms for	interconnected and	algorithm in detail. Many low-
algorithms for	communicated to accomplish	resource device perform
IoTdevices: survey,	some tasks. Nowadays, IoT	computation in an IoT
challenges and	enables many low resources and	environment. These devices are
solutions"	constrained devices to	limit in regards to memory,
	communicate, compute process	battery life, power consumption,
	and make decision in the	and computations. IoT devices
	communication network. In the	also face the challenges of
	heterogeneous environments for	security and privacy as well as
	IoT, there are many challenges	the issue of how to maintain
	and issues like power	trust between IoT users.
	consumption of devices, limited	Furthermore, we summarized
	battery, memory space,	different kinds of lightweight
	performance cost, and security	cryptographic algorithm that
	in the Information	are easy to use for hardware and
	Communication Technology	software implementations.
	(ICT) network. In this paper, we	Cryptographic algorithm is
	discuss a state-of-art of	vulnerable to some kinds of
	lightweight cryptographic	attacks, which we also
	primitive which include	described in the paper. It
	lightweight block ciphers, hash	is important to develop more
	function, stream ciphers, high	secure and lightweight
	performance system, and low	encryption algorithms that have
	resource device for IoT	a smaller key size, fast
	environment in details. We	processing, and require less
	analyze many lightweight	computation power. In this
	cryptographic algorithms based	paper, we proposed a scheme
	on their key size, block size,	that can be applied in the
	number of rounds, and	smart home environment. We
	structures. In addition, we	also discussed open issues in
	discuss the security architecture	terms of cipher structure,

		in IoT for constrained device	implementation, block size, key
		environment and focus on	size, new attacks, and security
		research challenges, issue and	metrics. In the future, we will
		solutions.	examine how expensive these
			solutions are and if it is possible
			to implement them in a
			constrained environment. In
			addition, an algorithm for
			calculating the threshold value
			of each device parameter, which
			has already been laid out in our
			proposed scheme, should be
			developed.
		The system of this non-an airre we	In account found an amutica of
3	Α	The author of this paper give us	In research found encryption of
3	A CRYPTANALYSIS	The author of this paper give us a brief idea about what tiny	In research found encryption of cipher texts with few round to
3	A CRYPTANALYSIS OF THE TINY	The author of this paper give us a brief idea about what tiny algorithm is and its	In research found encryption of cipher texts with few round to be weak. Encryption of cipher
3	A CRYPTANALYSIS OF THE TINY ENCRYPTIONAL	The author of this paper give us a brief idea about what tiny algorithm is and its characteristic and also provides	In research found encryption of cipher texts with few round to be weak. Encryption of cipher text with more than six rounds
3	A CRYPTANALYSIS OF THE TINY ENCRYPTIONAL	The author of this paper give us a brief idea about what tiny algorithm is and its characteristic and also provides the various advantage of tiny	In research found encryption of cipher texts with few round to be weak. Encryption of cipher text with more than six rounds produced a very good mixture
3	A CRYPTANALYSIS OF THE TINY ENCRYPTIONAL GORITHM	The author of this paper give us a brief idea about what tiny algorithm is and its characteristic and also provides the various advantage of tiny encryption algorithm [8]	In research found encryption of cipher texts with few round to be weak. Encryption of cipher text with more than six rounds produced a very good mixture of intermediate values and
3	A CRYPTANALYSIS OF THE TINY ENCRYPTIONAL GORITHM	The author of this paper give us a brief idea about what tiny algorithm is and its characteristic and also provides the various advantage of tiny encryption algorithm [8]	In research found encryption of cipher texts with few round to be weak. Encryption of cipher text with more than six rounds produced a very good mixture of intermediate values and showed high resistance to
3	A CRYPTANALYSIS OF THE TINY ENCRYPTIONAL GORITHM	The author of this paper give us a brief idea about what tiny algorithm is and its characteristic and also provides the various advantage of tiny encryption algorithm [8] Tiny Encryption Algorithm:	In research found encryption of cipher texts with few round to be weak. Encryption of cipher text with more than six rounds produced a very good mixture of intermediate values and showed high resistance to cryptanalytic attacks. TEA as a
3	A CRYPTANALYSIS OF THE TINY ENCRYPTIONAL GORITHM	The author of this paper give us a brief idea about what tiny algorithm is and its characteristic and also provides the various advantage of tiny encryption algorithm [8] Tiny Encryption Algorithm: The Tiny Encryption Algorithm	In research found encryption of cipher texts with few round to be weak. Encryption of cipher text with more than six rounds produced a very good mixture of intermediate values and showed high resistance to cryptanalytic attacks. TEA as a best fit cryptographic algorithm
3	A CRYPTANALYSIS OF THE TINY ENCRYPTIONAL GORITHM	The author of this paper give us a brief idea about what tiny algorithm is and its characteristic and also provides the various advantage of tiny encryption algorithm [8] Tiny Encryption Algorithm: The Tiny Encryption Algorithm (TEA) is a cryptographic	In research found encryption of cipher texts with few round to be weak. Encryption of cipher text with more than six rounds produced a very good mixture of intermediate values and showed high resistance to cryptanalytic attacks. TEA as a best fit cryptographic algorithm for small device where
3	A CRYPTANALYSIS OF THE TINY ENCRYPTIONAL GORITHM	The author of this paper give us a brief idea about what tiny algorithm is and its characteristic and also provides the various advantage of tiny encryption algorithm [8] Tiny Encryption Algorithm: The Tiny Encryption Algorithm (TEA) is a cryptographic algorithm designed to minimize	In research found encryption of cipher texts with few round to be weak. Encryption of cipher text with more than six rounds produced a very good mixture of intermediate values and showed high resistance to cryptanalytic attacks. TEA as a best fit cryptographic algorithm for small device where memory and power are
3	A CRYPTANALYSIS OF THE TINY ENCRYPTIONAL GORITHM	The author of this paper give us a brief idea about what tiny algorithm is and its characteristic and also provides the various advantage of tiny encryption algorithm [8] Tiny Encryption Algorithm: The Tiny Encryption Algorithm (TEA) is a cryptographic algorithm designed to minimize memory footprint and maximize	In research found encryption of cipher texts with few round to be weak. Encryption of cipher text with more than six rounds produced a very good mixture of intermediate values and showed high resistance to cryptanalytic attacks. TEA as a best fit cryptographic algorithm for small device where memory and power are primary concern.
3	A CRYPTANALYSIS OF THE TINY ENCRYPTIONAL GORITHM	The author of this paper give us a brief idea about what tiny algorithm is and its characteristic and also provides the various advantage of tiny encryption algorithm [8] Tiny Encryption Algorithm: The Tiny Encryption Algorithm (TEA) is a cryptographic algorithm designed to minimize memory footprint and maximize speed. It a Feistel type cipher	In research found encryption of cipher texts with few round to be weak. Encryption of cipher text with more than six rounds produced a very good mixture of intermediate values and showed high resistance to cryptanalytic attacks. TEA as a best fit cryptographic algorithm for small device where memory and power are primary concern.
3	A CRYPTANALYSIS OF THE TINY ENCRYPTIONAL GORITHM	The author of this paper give us a brief idea about what tiny algorithm is and its characteristic and also provides the various advantage of tiny encryption algorithm [8] Tiny Encryption Algorithm: The Tiny Encryption Algorithm (TEA) is a cryptographic algorithm designed to minimize memory footprint and maximize speed. It a Feistel type cipher that uses operations from mixed	In research found encryption of cipher texts with few round to be weak. Encryption of cipher text with more than six rounds produced a very good mixture of intermediate values and showed high resistance to cryptanalytic attacks. TEA as a best fit cryptographic algorithm for small device where memory and power are primary concern.
3	A CRYPTANALYSIS OF THE TINY ENCRYPTIONAL GORITHM	The author of this paper give us a brief idea about what tiny algorithm is and its characteristic and also provides the various advantage of tiny encryption algorithm [8] Tiny Encryption Algorithm: The Tiny Encryption Algorithm (TEA) is a cryptographic algorithm designed to minimize memory footprint and maximize speed. It a Feistel type cipher that uses operations from mixed (orthogonal) algebraic groups.	In research found encryption of cipher texts with few round to be weak. Encryption of cipher text with more than six rounds produced a very good mixture of intermediate values and showed high resistance to cryptanalytic attacks. TEA as a best fit cryptographic algorithm for small device where memory and power are primary concern.
3	A CRYPTANALYSIS OF THE TINY ENCRYPTIONAL GORITHM	The author of this paper give us a brief idea about what tiny algorithm is and its characteristic and also provides the various advantage of tiny encryption algorithm [8] Tiny Encryption Algorithm: The Tiny Encryption Algorithm (TEA) is a cryptographic algorithm designed to minimize memory footprint and maximize speed. It a Feistel type cipher that uses operations from mixed (orthogonal) algebraic groups. The research presents the	In research found encryption of cipher texts with few round to be weak. Encryption of cipher text with more than six rounds produced a very good mixture of intermediate values and showed high resistance to cryptanalytic attacks. TEA as a best fit cryptographic algorithm for small device where memory and power are primary concern.

		Encryption Algorithm. In this	
		research we inspected the most	
		common methods in the	
		cryptanalysis of a block cipher	
		algorithm. TEA seems to be	
		highly resistant to differential	
		cryptanalysis, and achieves	
		complete diffusion (where a	
		one- bit difference in the	
		plaintext will cause	
		approximately 32 bit differences	
		in the cipher text) after only six	
		rounds. Time performance on a	
		modern desktop computer or	
		workstation is impressive.	
4	Light Weight	Amer Abbas et.al (2014)	Due to the advancements in the
	Cryptographic	implemented the VHDL design	technology, Internet of Things
	Algorithms for	of PRINCE algorithm on Field	becomes part in our day to day
		programmable gate array	life. Even though it finds
	Medical Internet of	(FPGA). The input size of 64 bit	enormous applications it is lack
	Things (IoT) - A	and key size of 128 bit	in security. In this paper, a
	Review	followed for the 12 rounds. The	detailed review on various
		steps involved in the	security algorithms isdone.
		algorithm are Round function,	Comparison between the various
		Round dependent constant,	algorithms is also
		S- box Layer, Linear diffusion	made in terms of its key size,
		Layer and Middle Involution.	block size and its
		The author implemented the	performance. This gives an
		The author implemented the proposed PRINCE algorithm in	performance. This gives an overview on the limitations of
		The author implemented the proposed PRINCE algorithm in vertex 4 and vertex 6 FPGA kit	performance. This gives an overview on the limitations of the existing security techniques

	gives high throughput, high	novel light weight technique
	efficiency and low power	with minimum
	consumption. They also proved	number of block size and key
	PRINCE algorithm gives	size.
	better performance compared to	
	the already proposed	
	ICEBERG and SEA algorithm	
	[9]. The	
	author simulated HEIGHT	
	algorithm using Altera Quartus	
	IIversion 11 and version 13.	
	They proved version 13 gives	
	low latency and high speed.	
	They also proved that Hardware	
	showed better efficiency then	
	software [10].	
	Sridevi et.al (2015) efficiently	
	implemented the advanced	
	Encryption system (AES) on	
	FPGA. AES performs in four	
	modes. The modes are listed as	
	follows, Electronic code	
	block (ECB), Cipher block	
	chaining, Cipher feedback mode	
	(CFB) and output feedback	
	mode. The input size of 128 bit	
	and variable key size are 128,	
	192, 256 bits Depends on the	
	size of the key, no of rounds	
	(10, 12, 14) are varied. The	
	steps involved in the algorithm	
	are sub bytes, shift rows,	
	mix column, Add round key.	

		They analyzed the AES	
		algorithm in four ways to	
		increase the throughput as	
		follows: AES was implemented	
		in silicon platform, The	
		structure is modified to	
		pipelined and implemented on	
		FPGA kit, S-box of AES	
		algorithm is replaced by T-box,	
		T-box AES is modified to	
		pipelined architecture. They	
		proved pipelined structure of T-	
		box AES on ECB mode	
		showing higher throughput on	
		FPGA kit [11].	
5	Advanced Internet	As a new revolution of the	Internet of Things paradigm
	of Things for	Internet, Internet of Things	represents the vision of the
	Personalized	(IoT) is rapidly gaining ground	nextwave of ICT revolution. IoT
		as a new research topic in many	enabled technology in PHS
	Healthcare System:	academic and industrial	willenable faster and safer
		1 1	. 1 11
	A Survey	disciplines, especially in	preventive care, lower overall
	A Survey	healthcare.Remarkably, due to	cost, improved patient-centered
	A Survey	healthcare.Remarkably, due to the rapid proliferation of	preventive care, lower overall cost, improved patient-centered practice and enhanced un
	A Survey	healthcare.Remarkably, due to the rapid proliferation of wearable devicesand	preventive care, lower overall cost, improved patient-centered practice and enhanced un stainability.IoT enabled PHS
	A Survey	healthcare.Remarkably, due to the rapid proliferation of wearable devicesand smartphone, the Internet of	preventive care, lower overall cost, improved patient-centered practice and enhanced un stainability.IoT enabled PHS have the potential to enhance
	A Survey	healthcare.Remarkably, due to the rapid proliferation of wearable devicesand smartphone, the Internet of Things enabled technology is	preventive care, lower overall cost, improved patient-centered practice and enhanced un stainability.IoT enabled PHS have the potential to enhance our everyday life in many
	A Survey	disciplines, especially in healthcare.Remarkably, due to the rapid proliferation of wearable devicesand smartphone, the Internet of Things enabled technology is evolving healthcare from	preventive care, lower overall cost, improved patient-centered practice and enhanced un stainability.IoT enabled PHS have the potential to enhance our everyday life in many different aspects and, in
	A Survey	disciplines, especially in healthcare.Remarkably, due to the rapid proliferation of wearable devicesand smartphone, the Internet of Things enabled technology is evolving healthcare from conventional hub based system	preventive care, lower overall cost, improved patient-centered practice and enhanced un stainability.IoT enabled PHS have the potential to enhance our everyday life in many different aspects and, in particular. In this survey, we
	A Survey	disciplines, especially in healthcare.Remarkably, due to the rapid proliferation of wearable devicesand smartphone, the Internet of Things enabled technology is evolving healthcare from conventional hub based system to morepersonalized healthcare	preventive care, lower overall cost, improved patient-centered practice and enhanced un stainability.IoT enabled PHS have the potential to enhance our everyday life in many different aspects and, in particular. In this survey, we explored the application of IoT
	A Survey	disciplines, especially in healthcare.Remarkably, due to the rapid proliferation of wearable devicesand smartphone, the Internet of Things enabled technology is evolving healthcare from conventional hub based system to morepersonalized healthcare system (PHS)[12]. However,	preventive care, lower overall cost, improved patient-centered practice and enhanced un stainability.IoT enabled PHS have the potential to enhance our everyday life in many different aspects and, in particular. In this survey, we explored the application of IoT in healthcare from various
	A Survey	disciplines, especially in healthcare.Remarkably, due to the rapid proliferation of wearable devicesand smartphone, the Internet of Things enabled technology is evolving healthcare from conventional hub based system to morepersonalized healthcare system (PHS)[12]. However, empowering theutility of	preventive care, lower overall cost, improved patient-centered practice and enhanced un stainability.IoT enabled PHS have the potential to enhance our everyday life in many different aspects and, in particular. In this survey, we explored the application of IoT in healthcare from various perspectives. We reviewed the
	A Survey	disciplines, especially in healthcare.Remarkably, due to the rapid proliferation of wearable devicesand smartphone, the Internet of Things enabled technology is evolving healthcare from conventional hub based system to morepersonalized healthcare system (PHS)[12]. However, empowering theutility of advanced IoT technology in	preventive care, lower overall cost, improved patient-centered practice and enhanced un stainability.IoT enabled PHS have the potential to enhance our everyday life in many different aspects and, in particular. In this survey, we explored the application of IoT in healthcare from various perspectives. We reviewed the existing state-of-the-art

		challenging in the area	healthcare applications. From a
		considering many issues,	different perspective, we
		likeshortage of cost-effective	discussed current technology
		and accurate smart	and
		medicalsensors, unstandardizedI	infrastructure, such as sensing,
		oT system architectures,	networking and data
		heterogeneity of connected	processingtechnologies. More
		wearabledevices, multi-	importantly, we provided a high
		dimensionality of data	leveldescription of various IoT
		generated and high demand	enabled healthcare applications.
		for interoperability[13]. In an	But, we are aware that the goals
		effect to understand advance of	set up for IoT in healthcare are
		ІоТ	noteasily reachable, and there
		technologies in PHS, this paper	are still many challenges to be
		will give a systematic review on	facedand, consequently, this
		advanced IoT enabled PHS. It	research field is getting more
		will review the current research	and moreimpetus. Researchers
		ofIoT enabled PHS, and key	with different backgrounds are
		enabling technologies, major	enhancingthe current state of the
		IoT enabled applications and	art of IoT in healthcare by
		successful case studies in	addressing fundamental
		healthcare, and finally point out	problems related to human
		future research trends and	factors, intelligence design and
		challenges[14-15].	implementation, and security,
			social, and ethical
			issues. As a result, we are
			confident that this synergic
			approach will materialize the
			complete vision of IoT and its
			full application in healthcare
			and human wellbeing.
6	Internet of Things	In this work, we have proposed	Research in related fields has
	for Smart	a unique model for future IoT-	shown that remote health

	-			
	Healthcare:	based healthcare systems, which	monitoring is plausible, but	
	Technologies,	can be applied to both general	perhaps more important are the	
	Challenges, and	systems and systems that	benefits it could provide in	
	Opportunities	monitor specific conditions. We	difference contexts.	
	Opportunities	then presented a thorough and		
		systematic overview of thestate-		
		of-the-art work relating to		
		each component of the proposed		
		model. Several wearable, non-		
		intrusive sensors were presented		
		and analyzed, with particular		
		focus on those monitoring vital		
		signs, blood pressure, and blood		
		oxygen levels. Short-range and		
		long-range communications		
		standard were then compared in		
		terms of suitability for		
		healthcare applications. BLE		
		and NB-IoT emerged as the		
		most suitable standards for		
		short-range and long-range		
		communications in healthcare		
		respectively		
7	Security for the	The Internet of Things (IoT)	A glimpse of the IoT may be	
	Internet of Things:	introduces a vision of a future	already visible in	
	A Survey of	Internet where users, computing	current deployment where	
	A Survey of	systems, and everyday objects	networks of sensing devices are	
	Existing Protocols	possessing sensing and	being	
	and Open Research	actuating capabilities	interconnected with the Internet,	
	Issues	cooperate with unprecedented	and IP-based standard	
		convenience and economical	technologies	
		benefits. As with the current	will be fundamental in	
		Internet architecture, IP-based	providing a common and	

	communication	well accepted ground for the
	protocols will play a key role in	development and deployment of
	enabling the ubiquitous	new IoT applications.
	connectivity of devices in the	Considering that security may
	context of IoT applications.	be an
	Such communication	enabling factor of many of such
	technologies are	applications, mechanisms to
	being develope in line with the	secure communication using
	constraints of the sensing	communication technologies for
	platforms likely to be employed	the IoT will be fundamental.
	by IoT applications, forming a	With such aspects in mind, in
	communications stack able to	the survey we perform an
	provide there required power	exhaustive analysis on the
	efficiency, reliability, and	security protocol and
	Internet connectivity.As security	mechanisms available to protect
	will be a fundamental enabling	communications on the IoT.We
	factor of most IoT	also address existing research
	applications, mechanisms must	proposals and challenges provid
	also be designed to protect	ing opportunities for future
	communications enablediby	research work in the area.
	such technologies. This survey	we summarize the
	analyzes existing protocols and	main characteristics of
	mechanisms to secure	the mechanisms and proposals
	communications in the IoT, as	analyzed throughout the survey,
	well as open research issues.	together with its operational
	We analyze how	layer and the security
	existing approaches ensure	properties and functionalities
	fundamental	supported. In conclusion, we
	security requirements and	believe this survey may provide
	protect communications on the	an important contribution to the
	IoT, together with the open	research community, by
	challenges and strategies for	documenting the current status
	future research work in the area.	of important

	This is, as far asour knowledge	and very dynamic area of
	goes, the first survey with such	research, helping readers
	goals.	interested indeveloping new
		solutions to address security in
		the context of
		communication protocol for the
		IoT.

Advantages

Many researchers have worked on designing and implementing various IoT-based healthcare services and onisolving various technological and architectural problems associated with those services. In addition to research concerns in the literature, there are several other challenges and open issues that need to be carefully addressed. This section briefly presents bot explored and unexplored issues surrounding IoT healthcare services.

A. Standardization

In the healthcare context, there are many vendors that manufacture a diverse range of products and devices, and new vendors continue to join this promisingtechnological race. However, they have not followed standard rules and regulations for compatible interfaces and protocols across devices. This raises interoperability issues. To address device diversity, immediate efforts are required. For example, a dedicated group can standardize IoT-based healthcare technologies. This standardization should consider a wide range of topics such as communications layers and protocol stacks, including physical (PHY) and media access control (MAC) layers, device interfaces, data aggregation interfaces, and gateway interfaces. The management of various value-added services such as electronic health records is another standardization issue. This management comes in various forms, includ access management and healthcare professional registration. Various Health and eHealth organizations and IoT researchers can work together, and existing standardization bodiesisuch as the Information Technology and Innovation Foundation (IETF), the Internet Protocol for Smart Objects (IPSO) alliance, and the European Telecommunications Standards Institute (ETSI) can form IoT technology working groups for the standardization of IoT-based healthcare services.

IoT HealthcarePlatforms

The architecture of IoT-based healthcare hardware is more sophisticated than that of usual IoT devices and requires a real-time operating system with more stringent requirements, there is a need for a customized computing platform with runtime libraries. To build a suitable platform, a service-oriented approach (SOA) can be taken such that services can be exploited by using different application packageinterfaces(APIs). Iniaddition to a specialized platform, libraries and appropriateframeworks should be built so that healthcare software developers and designers can make efficient use of given documents, codes, classes, message templates, and other useful data. Further, a particular class of disease-oriented libraries can be useful.

B. CostAnalysis

Researchers may perceive IoT-based healthcare services as a low-cost technology, but to the authors knowledge, no comparative study has offered any evidence of this. In this regard, a cost analysis of a typical IoThNet may be useful.

C. The App Development Process

There are four basic steps in developing an appiont the android platform: the setup, development, debugging and testing, and publishing. Similar approaches are generally taken on other platforms. In the process of health care app development, the participation of an authorized body or association of medical experts is typically required to ensure an app of acceptable quality. In addition, regular updates on healthcare apps based on the due consideration of recent advances in medical science are vital.

D. Technology Transition

Healthcare organizations can modernize their existing devices and sensors across the healthcare field for smart resources by incorporating IoT approaches into the existing network configuration. Therefore, a seamless transition from the legacy system and setup to an IoT-based configuration is a major challenge. In other words, there is a need to

ensure backward compatibility and flexibility in the integration of existing devices.

E. The Low-Power Protocol

There are manyidevices in IoT healthcare scenarios, and such devices tend to be heterogeneous in terms of their sleep, deep-sleep, receive, transmit, and composite states, among others. In terms of service availability, each communications layer faces an additional challenge in terms of power requirements.

F. Network Type

In terms of the design approach, an IoT healthcare network can be of one of three fundamentally different types: data-, service-, and patient-centric architectures. In the data-centric scheme, the healthcare structure can generally be separated into objects based on captured health data. In a service-centric scheme, the healthcare structure is allocated by the assembly of characteristics that they must provide. In the patient-centric scheme, healthcare systems are divided according to the involvement of patients andtheir family members they consider for treatment. In this regard, answering the question of what network type is appropriate for IoT-based healthcare solutions becomes an open issue.

G. Scalability

IoT healthcare networks, applications, services, and back-end database should be scalable because related operations become more complex with the addition of diverse applications as a result of the exponential growth of demands from both individuals and health organizations.

H. Continuous Monitoring

There are many situations in which patients require long-term monitoring (e.g., a patient with a chronic disease). In this regard, the provision of constant monitoring and logging is vital.

I. New Diseases and Disorders

Smart phones are being considered as a frontier IoT healthcare device. Although there are many healthcare apps and new apps are being added to the list every day, the trend has been limited to a few categories of diseases.

J. Identification

Healthcare organization deal with multi-patient environments in which multiple caregivers discharge their duties. From this perspective, the proper identification of patients and caregivers is necessary.

K. The Business Model

The IoT healthcare business strategy is not yet robust because it involves a set of elements with new requirements such as new operational processes and policies, new infrastructure systems, distributed target customers, and transformed organizational structures. In addition, doctors and nurses generally avoid learning and using new technologies. Therefore, there is an urgent need for a new business model.

L. The Quality of Service (QoS)

Healthcare services are highly time sensitive and require QoS guarantees initerms of important parameters such as reliability, maintainability, and the service level. In this regard, the quantitative measurement of each such parameter within the IoThNet framework may be useful.

M.Data Protection

The protection of captured health data from various sensors and devices from illicit access is crucial. Therefore, stringent policies and technical security measures should be introduced to share health data with authorized users, organizations, and applications.

1) Resource-Efficient Security

Because of resource (power, computation, and memory) constraints, IoT healthcare security schemes should be designed to maximize security performance while minimizing resource consumption.

2) Physical Security

An attacker may tamper with and capture physical health devices and extract cryptographic secrets, the attacker may modify programs or replace captured devices with malicious ones. Therefore, devices should include tamper-resistant packaging.

3) Secure Routing

Routing protocols for the IoT health network are particularly susceptible to devicecapture attacks. Therefore, proper routing and forwarding methods are vital for realtime or semi-real-time communication in the desired network.

4) DataTransparency

IoT medical devices deal with personal heath data that may be used in IoT cloud services. Therefore, data-transparent services should be designed and developed such that the life cycle of personal data can be traced and data use can be controlled.

The Security of Handling IoT

Biomedical sensors and devices generate huge amounts of health data, and there is a need to securely store captured data. Providing security measures for handling such data, including date transfer and maintenance, without compromising integrity, privacy, and confidentiality requires close attention and much effort.

N. Mobility

The IoT healthcare network must have the ability to support the mobility of patients such that they can be connected anywhere, anytime. This mobility feature is ultimately responsible for connecting dissimilar patient environments.

O. EcologicalImpact

The full-scale deployment of IoT-based healthcare services requires many biomedical sensors embedded in semiconductor-rich devices. These sensors and devices also include rare earth metals and severely toxic chemicals. This has substantially unfavorable impacts on the environment, users, and human health, and for this reason, guidelines are needed for device manufacturing, the use of devices, and their proper disposal.

3. Chapter-3 SYSTEMDEVELOPMENT

SOFTWARE REQUIREMENTS:

- Netbeans IDE 8 or above
- JDK(Java Development Kit) 1.7 orabove
- matlab

HARDWAREREQUIREMENTS:

- SystemRequirements:
 - ✓ CPU: 2.2 GHz Processor and above
 - \checkmark RAM: 2 GB orabove
 - \checkmark OS: Windows 7 orabove

PROPOSED DESIGN:



SYSTEMDESIGN:



Algorithm

```
void code(long* v, long* k) {
unsigned long y = v[0], z = v[1], sum = 0
delta = 0x9e3779b9, n = 32;
while (n-->0) {
sum += delta;
y += (z<<4)+k[0] ^ z+sum ^ (z>>5)+k[1];
z += (y<<4)+k[2] ^ y+sum ^ (y>>5)+k[3];
}
v[0] = y; v[1] = z; }
```

4. Chapter-4 PERFORMANCE ANALYSIS

4.1 Comparison table between different type of algorithm

Algorithm	Key size	Block size	Structure	No. of rounds
AES	128/192/256	128	SPN	10/12/14
HEIGHT	128	64	GFS	32
PRESENT	80/128	64	SPN	31
RC5	0-2040	64	Feistel	1-255
TEA	128	64	Feistel	64
XTEA	128	64	Feistel	64
LEA	128,192,256	128	Feistel	24/28/32
DES	54	64	Feistel	16
Seed	128	128	Feistel	16
Twine	80/128	64	Feistel	32
DESL	54	64	Feistel	16
3DES	56/112/168	64	Feistel	48
Hummingbird	256	16	SPN	4
Hummingbird2	256	16	SPN	4
Iceberg	128	64	SPN	16
Pride	128	64	SPN	20

4.1 MULTI LEVEL ALGORITHM TESTING

This testing seeks to run an algorithm combination on files of different sizes in order to record the performance of the combination in relation to increasing file size. On the basis of the feasibility of the algorithms, it was concluded that we could have the combinations of the algorithms AES-3DES, ECC-BLOWFISH, ECC-AES. The files used in the testing were text files of sizes varying from 200 Kilo bytes to 50,000 Kilo bytes. Graphs plotted for various algorithms have been depicted.

File Size in KB	ECC+BF	ECC+AES	AES+3DES
200	1453	1328	782
400	1464	1265	704
600	1375	1328	812
800	1469	1453	953
1000	1484	1490	1187



File Size in KB	ECC+BF	ECC+A	AES+3D
		ES	ES
2000	1718	1703	1343
4000	2170	2187	1782
6000	2625	2799	2375
8000	3813	3489	2390
10000	3474	3937	2482

File Size in KB	ECC+BF	ECC+A	AES+3D
		ES	ES
10000	3474	3937	2482
20000	5450	6524	5541
30000	8086	8570	6400
40000	10066	11400	8394
50000	14423	13293	10121



4.2 THROUGHPUT TESTING

This testing seeks to find throughput of the combinations of algorithm. Throughput here is in Bytes per millisecond.

File Size in KB	ECC+BF	ECC+AE	AES+3D
		S	ES
200	140.9497	154.2168	261.8925
400	279.7814	323.7944	581.8181
600	446.8363	462.6506	756.6502
800	557.6582	563.799	859.6012
1000	690.0269	687.2483	862.679



File Size vs Throughput Graph

File Size in KB	ECC+BF	ECC+AE	AES+3D
		S	ES
2000	1192.0838	1202.583	1524.944
		6	1
4000	1887.5576	1872.885	2298.540
		2	9
6000	2340.5714	2195.069	2586.947
		6	3
8000	2148.4395	2347.950	3427.615
		7	
10000	2947.6108	2600.965	4125.705
		2	



File Size vs	5 Through	put Graph
--------------	-----------	-----------

File Size in KB	ECC+BF	ECC+AE	AES+3D
		S	ES
10000	2947.6108	2600.965	4125.705
		2	
20000	3757.7981	3139.178	3696.083
		4	7
30000	3799.1590	3584.597	4800
	4	4	
40000	4096.1436	3592.982	4879.675
		4	9
50000	3549.8855	3851.651	5058.788
		2	6



Conclusion

A Light weight algorithm is suggested for IoT devices. The Proposed method suitable for IoT based healthcare scenario.

Implementation of the proposed low-level security model for small scale healthcare organizations will achieve computational efficiency, memory efficiency, energy efficiency, encryption.

By the analysis, we were able to conclude that the hybrid algorithm of ECC+BLOWFISH provided better execution time in comparison to that of ECC+AES. We observed that for relatively small file sizes AES-3DES provided better running time and throughput in Kilo bytes per millisecond as compared to that of ECC+AES and ECC+BLOWFISH. Taking into consideration, the large amount of data that business applications tend to store on the database, file sizes can vary to very large numbers, hence the use of ECC+BLOWFISH hybrid algorithm is suggested to implement multilevel security on system data storage.

5.2 Future scope

- Optimal Utilization of Assets and Operations Healthcare institutions need to ensure optimum utilization of resources to maximise patient care to the fullest of their abilities. Internet of Things aids in efficient timely scheduling by leveraging utilization to serve a greater number of patients. Cloud based scheduling applications can ensure that machines, hospital staff and infrastructure is being utilized to its fullest capacity. Microcontrollers that process and wirelessly communicate data can schedule maintenance activities, patient calls and perform inventory management functions. An IoT medical device can provide daily machine utilization statistics that can be employed for well-organized patient scheduling.
- Maintaining a Warehouse of Patient Related Data It is essential for healthcare institutions to maintain and update a database of health-related inferred by or from patients. The Internet of Things enables hospitals to track, monitor and update patient information in a systematic manner. This patient related data could include reported outcomes, medical-device data, and wearables data. Computational methods of analytical support, known as augmented intelligence, are collectively used to analyse information. This type of an enriched database largely assists healthcare professionals in better decision making and providing superior patientcare.
- **Proactive Replenishment of Supplies** Internet of Things ensures better inventory management in hospitals and healthcare organizations. An IoT-connected medical device can send signals when critical operational components are being depleted. For example, the helium levels in an MRI machine need to be constantly checked to ensure that the equipment operates in a suitable manner. By using IoT-connected devices, field engineers can be sent out to a hospital before an MRI's helium levels dwindle, preventing a total machine stoppage and patient rescheduling. Hence, this technology creates a system of real-time monitoring, tracking and immediate response.

REFERENCES

[1] J. Höller, V. Tsiatsis, C. Mulligan, S. Karnouskos, S. Avesand, and
D. Boyle, *From Machine-to-Machine to the Internet of Things: Introduction to a New Age of Intelligence*. Amsterdam, The Netherlands: Elsevier, 2014.

[2] G. Kortuem, F. Kawsar, D. Fitton, and V. Sundramoorthy, ``Smart objects as building blocks for the Internet of Things," *IEEE Internet Comput.*, vol. 14, no. 1, pp. 44_51, Jan./Feb. 2010.

[3] K. Romer, B. Ostermaier, F. Mattern, M. Fahrmair, and W. Kellerer,
``Real-time search for real-world entities: A survey," *Proc. IEEE*, vol. 98, no. 11, pp. 1887_1902, Nov. 2010.

[4] D. Guinard, V. Trifa, and E. Wilde, ``A resource oriented architecture for the Web of Things," in *Proc. Internet Things (IOT)*, Nov./Dec. 2010, pp. 1_8.

[5] L. Tan and N. Wang, "Future Internet: The Internet of Things," in *Proc.* 3rd Int. Conf. Adv. Comput. Theory Eng. (ICACTE), vol. 5. Aug. 2010, pp. V5-376_V5-380.

[6] Z. Pang, ``Technologies and architectures of the Internet-of-Things (IoT) for health and well-being," M.S. thesis, Dept. Electron. Comput. Syst., KTH-Roy. Inst. Technol., Stockholm, Sweden, Jan. 2013

[7] Hood GW, Kappelhoff R, Hall KH (2010) US Patent No. 7,672,737.US Patent and Trademark Office, Washington, DC, pp 1–29

[8] Hosseinzadeh J, Hosseinzadeh M (2016) A comprehensive survey on evaluation of lightweight symmetric ciphers: hardware and software implementation. Adv Comput Sci Int J 5(4):31–41

[9]Yasir Amer Abbas, Razali Jidin, Norziana Jamil,Muhammad Reza Z'aba, Mohd Ezanee Rusli, Baraa Tariq,"Implementation of PRINCE Algorithm in FPGA,"International Conference on Information Technology andMultimedia (ICIMU), Nov-2014

[10] Fernando Melo Nascimento, Fernando Messias dos Santos, Edward David Moreno," A VHDL implementation of the Lightweight Cryptographic Algorithm HIGHT, "Sep-2015.

[11] S.Sridevi, sathya Priya, P.Karthigai Kumar, N.M.SivaMangai, V.Rejula, "FPGA implementation of Efficient AES Encryption, "(ICIIECS'15)

[12] J. Qi, L. Chen, W. Leister, and S. Yang, "Towards Knowledge Driven Decision
 Support for Personalized Home-Based Self-Management of Chronic Diseases," 2015 IEEE
 12th Intl Conf

Ubiquitous Intell. Comput. 2015 IEEE 12th Intl Conf Auton. Trust. Comput. 2015 IEEE 15th Intl Conf Scalable Comput. Commun. Its Assoc. Work., pp. 1724–1729, 2015.

[13] P. Rashidi, M. Ieee, A. V Vasilakos, and S. M. Ieee, "A Survey on Ambient Intelligence in Healthcare," vol. 101, no. 12, 2013.

34

[14] D. Naranjo-Hernández, L. M. Roa, J. Reina-Tosina, and M. Á. Estudillo-Valderrama,
"SoM: A smart sensor for human activity monitoring and assisted healthy ageing," *IEEE Trans. Biomed. Eng.*,
12 DADT2 2177, 2184, 2012

vol. 59, no. 12 PART2, pp. 3177-3184, 2012.

[15] B. Perriot, J. Argod, J. L. Pepin, and N. Noury, "Characterization of Physical Activity in COPD Patients: Validation of a Robust Algorithm for Actigraphic Measurements in Living Situations," *IEEE J. Biomed. Heal. Informatics*, vol. 18, no. 4, pp. 1225–1231, 2014.

[16] B. G. Lee, B. L. Lee, and W. Y. Chung, "Mobile healthcare forautomatic driving sleep-onset detection using wavelet-based EEG and respiration signals," *Sensors (Basel)*., vol. 14, no. 10, pp. 17915–17936, 2014.

APPENDICES

Code of the program

public class TEA {

private static int delta = 0x9E3779B9;

private static int[] key = { 78945677, 87678687, 234234, 234234 };

public void encrypt(int[] v, int[] k) {

```
int v0 = v[0], v1 = v[1], sum = 0, n = 32;

int k0 = k[0], k1 = k[1], k2 = k[2], k3 = k[3];

while (n-- > 0) {

sum += delta;

v0 += ((v1 << 4) + k0) ^ (v1 + sum) ^ ((v1 >>> 5) + k1);

v1 += ((v0 << 4) + k2) ^ (v0 + sum) ^ ((v0 >>> 5) + k3);

}

v[0] = v0;

v[1] = v1;

System.out.println(v0 + "," + v1);
```

```
}
```

public void decrypt(int[] v, int[] k) {

int v0 = v[0], v1 = v[1], sum = 0xC6EF3720, n = 32; int k0 = k[0], k1 = k[1], k2 = k[2], k3 = k[3]; while (n-- > 0) { v1 -= ((v0 << 4) + k2) ^ (v0 + sum) ^ ((v0 >>> 5) + k3);

```
sum -= delta;

v[0] = v0;
v[1] = v1;
System.out.println(v0 + "," + v1);
}
```

public static void main(String[] args) throws IOException {

```
TEA tea = new TEA();
int n = 0;
int cc[] = new int[100];
```

Scanner input = new Scanner(System.in);

for (int i = 0; i < 4; i++) {

System.out.println("Enter 4 number to encrypt: ");

```
n = input.nextInt();
cc[i] = n;
}
tea.encrypt(cc, key);
tea.decrypt(cc, key);
```

}

}

37